

Relationships and Sex Education at Lawn Primary School

Sex Education Parent Consultation

Every year, prior to delivering Sex Education lessons to pupils, we send out an overview to parents detailing the areas that will be covered including the learning objectives for each session and the key vocabulary that will be used. This creates the opportunity for parents to ask questions and decide whether they give their consent for their child to take part in these sessions.

Year 6 RHE Content Overview

Unit: Puberty, Relationships and Reproduction

Learning intentions	Content	Key vocabulary
To consider puberty and reproduction	Recap of male and female changes in puberty, labelling and discussing male and female body parts and how these parts change in preparation for reproduction.	ovum, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, foetaling, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety
Exploring the importance of communication and respect in relationships	What makes a healthy relationship? What makes a good friend? What is the difference between friendship and dating? Different types of touch in relationships. The importance of asking permission before touching. What to do if someone touching you in a way that makes you feel uncomfortable.	
To consider different ways people might start a family.	Explore the meaning of the words: conception and pregnancy. What is sex? Looking at drawings of bodies and sexual intercourse. Stages of conception and pregnancy. Is sexual intercourse the only way to start a family?	



Queries & Withdrawals

Should parents have any questions about the proposed coverage or wish to withdraw their child from the Sex Education aspect of RSE they are given the email address of the PSHE & RSE Lead to contact.

In the last two years, there have been very few parents withdraw their children from Sex Education lessons. Parents have expressed that they have felt reassured once their questions have been answered.

Relationships and Sex Education Resources

For the last two years at Lawn we used planning and resources taken from The Christopher Winter Scheme. However going forward, we will be using up-to-date content and resources from The Cambridgeshire PSHE Scheme. Our RSE Lead attended an online training session to explore the resources which were then disseminated to the staff team and placed on TEAMS for all to access.

As well as providing lesson content and resources, the scheme also provides a variety of guidance for teaching staff and parents about talking to children about sex and the sensitive issues around it. It includes useful age-appropriate vocabulary and advice on how to answer questions on sensitive topics that children may have.

6D Use of Vocabulary in Primary Relationships and Sex Education (RSE)

Relationships and Sex Education (RS 2)

- How do babies change and grow? (Statutory NC Science Y2)
- How have I changed since I was a baby? (Statutory NC Science Y2)
- What's growing in that bump? (NC Science)
- What do babies and children need from their families? FP
- Which stable, caring relationships are at the heart of families I know? FP
- What are my responsibilities now I'm growing up? CAB

RSE coverage (Year 2) from The Cambridgeshire Scheme.



Relationships Education, Relationships and Sex Education (RSE) and Health Education

Relationships Education

In 2020, it was made a statutory requirement that the delivery of Relationships Education should be a **compulsory element** of RSE- which pupils cannot be withdrawn from.

At Lawn, we deliver Relationships Education as part of our wider provision for PSHE which also includes statutory Health Education.

By teaching children how to recognise and form healthy relationships, we support their own and others' wellbeing and help to lay the foundations of being happy, healthy members of society as adults.