



Lawn
Primary
School

Subject Progression Map

PSHE

Subject lead: Miss Laura Bexson

ELG: Managing Self

Children at the expected level of development will: - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

ELG: Building Relationships

Children at the expected level of development will: - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.

ELG: Self-Regulation

Children at the expected level of development will: - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Cambridgeshire Scheme PSHE Progression Document 2021-22

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
FS2	Myself and My Relationships: <i>Beginning and Belonging</i>	Myself and My Relationships: <i>Family and Friends</i> <i>Anti-Bullying</i>	Myself and My Relationships: <i>My Emotions</i>	Citizenship: <i>Identities and Diversity</i> <i>Me and My World</i>	Healthy and Safer Lifestyles: <i>Keeping Safe</i>	Healthy and Safer Lifestyles: <i>My Body and Growing Up</i>
Year 1	Myself and My Relationships: <i>Beginning and Belonging</i>	Myself and My Relationships: <i>My Emotions</i>	Citizenship: <i>Working Together</i>	Citizenship: <i>Diversity and Communities</i>	Healthy and Safer Lifestyles: <i>Managing Safety & Risk</i> <i>Digital Lifestyles</i>	Healthy and Safer Lifestyles: <i>Relationships and Sex Education</i>
Year 2	Citizenship: <i>Rules, Right and Responsibilities</i>	Myself and My Relationships: <i>Family and Friends</i>	Myself and My Relationships: <i>Anti-Bullying</i>	Economic Wellbeing: Financial Capability	Healthy and Safer Lifestyles: <i>Drug Education</i> <i>Personal Safety</i>	Healthy and Safer Lifestyles: <i>Relationships and Sex Education</i>
Year 3	Myself and My Relationships: <i>Beginning and Belonging</i>	Myself and My Relationships: <i>My Emotions</i>	Citizenship: <i>Working Together</i>	Citizenship: <i>Diversity and Communities</i>	Healthy and Safer Lifestyles: <i>Managing Safety & Risk</i>	Healthy and Safer Lifestyles:

					Digital Lifestyles	Relationships and Sex Education
Year 4	Citizenship: Rules, Right and Responsibilities	Myself and My Relationships: Family and Friends	Myself and My Relationships: Anti-Bullying	Economic Wellbeing: Financial Capability	Healthy and Safer Lifestyles: Drug Education Personal Safety	Healthy and Safer Lifestyles: Relationships and Sex Education
Year 5	Myself and My Relationships: Beginning and Belonging	Myself and My Relationships: My Emotions	Citizenship: Working Together	Citizenship: Diversity and Communities	Healthy and Safer Lifestyles: Managing Safety & Risk Digital Lifestyles	Healthy and Safer Lifestyles: Relationships and Sex Education
Year 6	Citizenship: Rules, Right and Responsibilities	Myself and My Relationships: Family and Friends	Myself and My Relationships: Anti-Bullying	Economic Wellbeing: Financial Capability	Healthy and Safer Lifestyles: Drug Education Personal Safety	Healthy and Safer Lifestyles: Relationships and Sex Education

- Where appropriate PSHE lessons are also linked to the Rights Respecting Articles which will be referenced at the beginning of lessons when applicable.