



Lawn Primary School



# Lawn Primary School – How we keep you safe

At Lawn Primary School we put keeping you safe at the centre of everything

## WHAT DO WE LEARN ABOUT IN YEAR 5?

**Online-Safety** - In Computing, we explore how to keep ourselves safe online. We learn about the importance of speaking to a trusted adult if you see something that makes you feel uncomfortable and use the 'SMART' rules listed below. We talk about what makes text, photographs and videos appropriate and inappropriate and the impact of sharing these online. We also talk about how to make passwords secure and how not everything we read online is necessarily true!

**SRE** - During our SRE lessons in the Summer, we explore the changes that you experience as you get older, including changes to your body that might worry you. We help you to understand the reasons for these changes and support you in realising that these are a normal part of growing into adults and are nothing to be concerned about.

**PSHE** - Through our Managing Risk topic we look at examples of physical, social and emotional risk. We discuss places we can go to seek help and support. In our Safety Contexts topic, we describe ways in which we can maintain safety in school, on roads and other contexts and how risk of accidents can be reduced.

**Alright Charlie-** In this session run by Mrs O'Hare we learn how to identify when a person may be at risk of being exploited and how to recognise behaviours which make a person unsafe and what to do in these situations.

Who are my trusted people?

Keeping you safe on the internet and your electronic devices

**Be SAFE Online**

- 1 I only go online with a grown up
- 2 I am kind online
- 3 I keep information about me safe
- 4 I tell a grown up if something online makes me unhappy

Logos: eis Kent Education IT Services, Kent County Council

## Our eSafety Top Tips

- 1 People you don't know are strangers. They're not always who they say they are.
- 2 Be nice to people like you would on the playground
- 3 Keep your personal information private.
- 4 If you ever get that 'uh oh' feeling, tell a grown-up you trust.

**S** Stay Safe  
Don't give out your personal information to people / places you don't know.

**M** Don't Meet Up  
Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

**A** Accepting Files  
Accepting emails, files, pictures or texts from people you don't know can cause problems.

**R** Reliable?  
Check information before you believe it. Is the person or website telling the truth?

**T** Tell Someone  
Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!

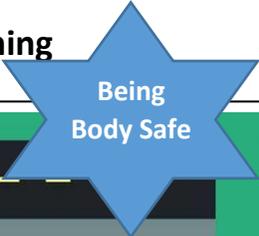


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## the safe cross code

**KNOW THE CODE!**  
One, two, three, safe cross  
Four, five, six safe cross  
One, two, three, four, five, six, **SAFE CROSS CODE**

chorus  
**REMEMBER...**  
**ONE** – look for a safe place  
**TWO** – don't hurry stop and wait  
**THREE** – look all around and listen before you cross the road, remember  
**FOUR** – let all the traffic pass you  
**FIVE** – then walking straight across you  
**SIX** – Keep watching, that's the **SAFE CROSS CODE**

Safe place **STOP** and **WAIT**  
Safe place **STOP** and **WAIT**  
Safe ground **LOOK AROUND**  
**LISTEN** for a traffic sound  
If traffic's coming **LET IT PASS**  
Until the road is **CLEAR** at **LAST**  
Then **WALKING** straight across the road  
**KEEP WATCHING, THAT'S THE CODE!**

repeat chorus  
That's the **SAFE CROSS CODE**  
Know the **SAFE CROSS CODE**  
**KNOW THE CODE!**

the safe cross code

RSA



**D**ifferent  
**I**ndividuals  
**V**aluing & accepting  
**E**ach other  
**R**egardless of:  
**S**kin color, gender  
**I**ntellect  
**T**alents or  
**Y**ears.

Eggbuckland Vale Primary School

**What To Do If You Are Being Bullied**

- Tell your teacher – or;
- Tell another adult in school you trust – or;
- Tell your parents when you get home
- Don't keep it to yourself
- Leave a message for your teacher on her desk
- Use the worry box in your classroom

## FIVE BODY SAFETY RULES

Every Child Should Know By Age **5**



### My Body is Mine!

I am the boss of my body! I don't have to be hugged, kissed, or touched by anyone if I'm not comfortable.



### PRIVATE PARTS

Are the parts of our bodies covered by a bathing suit and are kept out of view. We don't look, touch, or play games with each other's private parts.



We use the proper names for our private parts. They're not weird or funny - everyone has them!



No one should be asking me to keep a secret - especially if it's about private parts.

My mom, teacher, babysitter...



### My Body Safety Circle

I know five people I can talk to if I'm sad, scared, and especially if I need to talk about body safety! If someone breaks a body safety rule I need to tell until someone helps me. Even if I don't tell right away, I won't be in trouble - it's never too late to tell.



My big brother, auntie, coach...

For more on how to Rock The Talk™

TheMamaBearEffect.org





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## Wellbeing Wednesdays

We learn the importance of keeping ourselves mentally 'safe' by exploring different strategies to help understand and cope with our ever-changing emotions.

## COVER YOUR COUGH AND SNEEZE

Stop the spread of germs that make people sick



## HOW TO PREVENT



### Avoid Touching

Avoid touching your eyes, nose, and mouth with unwashed hands.



### Avoid Close Contact

Put distance between yourself and other people if COVID-19 is spreading in your community.



### Cover Coughs

Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.



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Coronavirus Disease 2019

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### Clean Your Hands

Wash your hands often with soap and water for at least 20 seconds.



### Clean And Disinfect

Clean and disinfect frequently touched surfaces daily. Use detergent or soap and water prior to disinfection.

## HEALTHY HABITS For Healthy Kids

