

	Autumn 1 (Personal)		Autumn 2 (Creative)		Spring 1 (Cognitive)		Spring 2 (Social)		Summer 1 (Physical)		Summer 2 (Health & fitness)	
Learning nutrient	Ambition		Success & failure		Positivity & praise		Celebrating & reviewing		Making choices to support next steps		Coach and support	
EYFS	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Athletics/ Rounders etc.
Year 1	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Athletics/ Rounders etc.
Year 2	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Athletics/ Rounders etc.
Year 3	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Athletics/ Rounders etc.
Year 4	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Athletics/ Rounders etc.
Year 5	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real Leaders	Outdoor Real PE	Indoor Real Gym	Outdoor Athletics/ Rounders etc.
Year 6	Indoor Real Gym	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Dance	Outdoor Real PE	Indoor Real PE	Outdoor Real PE	Indoor Real Gym	Outdoor Athletics/ Rounders etc.

N.B. When doing Real PE for both indoor and outdoor slots, the indoor sessions are often spent on the warm-up and skills as it is a shorter session, and the outdoor sessions are made up of a warm-up, skill then applying the skills to a game.